

The Use of Topical Wound Oxygen (TWO₂) in a Complicated Post Surgical Transmetatarsal Amputation with Incision and Drainage of the Foot

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A 47 yr/o Female with a hx of severe DM, Retinopathy, and Neuropathy presented to the Emergency Department with a severe left foot infection. The patient presented very confused and had not seen a provider in over a year. She stated the ulcer started as a blister on the bottom of her foot and was receiving care by her immediate family.

A multidisciplinary team approach was attained and collaboration was established with Medicine, Vascular Surgery, and Infectious Disease. The patient had palpable pulses (2/4) and were audible upon bedside testing. The patient presented with a 560 glucose level along with normocytic anemia with an H/H of 7.9/25.3. Two units of packed RBCs were given during surgery and 2 more units were given at post op day 1. The patient had a spike in her WBC at post op day 1 which was attributed to the transfusion. A negative pressure device was used for 3 days and then discontinued due to pain and discomfort. Topical Wound O₂ therapy was initiated following surgery bid for 90 mins.

The patient was discharged on post op day 6 and was placed on po Augmentin 500/125 mgs bid for 14 days. Wound dressings consisted of light wet to dry packing changed bid in conjunction with TWO₂ therapy bid/90 mins. The patient was placed in a removable posterior splint for 3 weeks and then transitioned to a CAM boot until healed. Once healed, the patient was placed into a custom molded shoe with filler.



Vitals
Tm:98.5
R:20
HR:104
BP:125/79

Culture and Susceptibility
*Streptococcus angiosus
Blood Culture
• + growth Coag negative staph x 2 initially
• negative growth x 3 following
• Susceptible to Vancomycin and Cefazolin

Labs
WBC:13.3
H/H:7.9/25.3
Plt:729
Na:123
K:4.7
BUN:11
Cr:0.68
Glu:892
HbA1c:14.3
PTT:27.5
INR:1.0



S/P 1 Week

Wet to Dry Saline Packing BID: TWO₂ started immediately
Negative pressure for 3 days only



S/P 3 Weeks

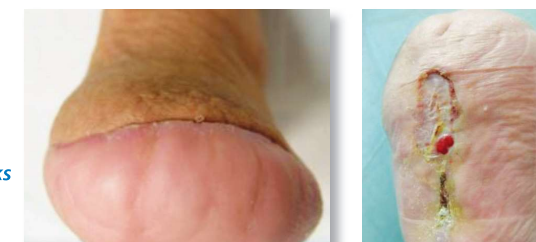


S/P 5 Weeks

Hgb	7.9	5.8	8.2	8	9.8	8.2	8.4
Hct	25.3	17.2	25.0	25	29	25	25.1

WBC	13.3	17.9	16.3	12.3	11.1	10.8	10.2
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Admission	Post op Day 1	Day 2	Day 3	Day 4	Day 5
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S/P 8 Weeks

Conclusion: This is a very complicated case of a Diabetic Foot infection that responded favorably to a multidisciplinary approach and Topical Wound O₂ Therapy. The TWO₂ was very effective not only from a wound healing perspective, but also in providing the patient with comfort, direct involvement with her wound care, and ease of use at home.